EDUCATORS IN THE PUBLIC SCHOOLS NOW PAYING GREAT ATTENTION TO THE SUBJECT.

THE APPOINTMENT OF TWO SUPERVISORS, DR. AUGUSTA REQUA AND MISS SOPHIE NICOLAL AWARENS NEW INTEREST AMONG

Physical education in the public schools of New-York is now engaging the attention of all educators in our city. For the last three or four years there have been regular exercises in a few of the under the direction of Dr. Gardner Smith, who has used a system embodying principles from both the German and Swedish methods. For many years, excepting in the few schools above men tioned, the amount and quality of physical exercise have depended entirely upon the intelligence and judgment of the teacher in charge. The appointment of two supervisors of physical education.
Dr. M. Augusta Requa and Miss Sophie J. Nicolaihas awakened a new interest among the teachers. They, from daily experience, best know the benefits to be derived from a correct use of physical exreise, not only in the consequent improved order in their classrooms, but in the physical development of the children under their care. Hereafter the work in this branch is to be definite and ai-

of about fifteen minutes' duration into the work of every public school class in the city. The follow-ing letter, which was sent to every principal of mmar and primary schools, will best explain how systematic work in all the schools is being ob-

The first lesson, the one given last week, has been repeated eight times, four times by each supervisor. In this way representatives from the 39 schools have received the instruction, and they are imparting it to all the other teachers of their vive schools. This lesson, which was heard by The Tribune reporter on Tuesday afternoon at Grammar School No. 76, was given by Miss Nicolai. Dr. Requa at the same hour was repeating the same lesson in Grammar School No. 18. Besides the thirty-five delegates required at No. 76, there

pervisors to the classes of the various schools. "Dame Rumor," he said, "with her long tongu has been abroad, and the idea has become current that the object of these visits has been to criticise the methods used in calisthenic drill by the various teachers, and to return to Grand-st. with requests for the removal of those inefficient in that line." Dr. Lee emphasized the fact that the object of those visits has been very far from that. The new supervisors have been familiarizing themselves with the work now being done and the possibilities

permitted by the crowded school-rooms.

Miss Nicolal's manner evidenced her own thor ough conviction of the importance of physical education. She said that the lessons would be graded with progression in movement from grade to grade from the primary to the graduating classes; that there would be fifteen or twenty lessons given, and from them the teacher would be at liberty to select the movements best suited to her class; that the work would be classified under three general heads-educational, recreative and aesthetic.

The first the basis of all good work, educates the body to obey the will. When this is accomplished it is easy to instill ideas.

In the second, the recreative, the movements are accompanied by music, and gymnastic plays will

From the third, the aesthetic, which has been

described as self-control of the muscles, case and

described as self-control of the muscles, case and grace of manner are to be obtained.

The method employed in this lesson was the Swedish. Other lessons will contain a mixture of the German and Swedish methods. The movements were free and without music (this being peculiar to all Swedish gymnastics), and were calculated for class rooms where neither music nor apparatus could be had.

Especial attention was given to work in crowded classrooms where there is lack of space and fresh sir. Means for utilizing the former and increasing the latter were suggested. A drill by the class, consisting if the delegates, followed, and well libustrated the principles taught. The motions were of the simplest nature, with arms, feet, head and chest.

of the simuest nature, with arms, reco.

The same delegates will meet at the same place, and will be instructed by Dr. Requis, Miss Nicolal going then to No. 18. In this way both supervisors hope to become personally acquainted with every teacher, and thus bo able to give them nore assistance in their work.

Ten or twelve of the rew public school buildings have gymnisiums, and Superintendent Jasper said to The Tribune reporter this week that every school building is to have a gymnasium, and that this will be accomplished as fast as possible.

WELL-EQUIPPED SCHOOLS.

Grammar School No. 6, at Eighty-fifth-st. and Madison-ave, Miss Blake principal of the girls' and Mr. Hudson of the boys' department, has the finest equipped gymnasium of any public school in the city. It eccupies the entire top floor, and is not only airy and spacious, but, with its sloping sides, exposed beans and rafters, and rows upon tows of all sized dumbells, bar bells, wands, rings, horitonial bars, jumping equipments and mattresses is fail on, its chest weights, swinging rope, and all the other pamphanalla, is very picturesque. The backers and suplis, however, have as yet had only the pleasure and profit to be derived from visiting and admiring this beautiful room. It was fitted up bett summer, and was intended for use this fall. But swing to the delay in filling the contract for the completion of the repairs upon the Eighty-seventhst, school (their nearest neighbor), the children of that school are still without a "local habitation," so far as their school life is concerned. The Eighty-fith-st, school not without regret, but with great compassion, toke pity upon the little ones of the Primary department of Eighty-seventh-st., and support of the completion of the them the doors of their muchoved and eagely anticipated gymnasium, and there the "primaries" are still, and will be until the completion of their own building.

NR. HUDSON TALKS. only airy ant spacious, but, with its sloping sides

MR. HUDSON TALKS.

Mr. Hudson poke with enthusiasm of the need of more attention to physical culture in the training of the young, "bit," said he, "there is a lack of time

ich better oder and attention that time white ther be savel than otherwise?"
"Yes," said Mr. Hudson, "we hope no, but our tasure is ful."
The parents as a rule, are also inverested. An auding letter one of many other odd communication, was reently received by one of the teachers.

The parents are and original. This is a copy:

"The parents are and original. This is a copy:
"The Jones pless don't learn my girl eny more."

for all the thirgs required of us at Albany. The requirements continue to increase, while no more time is given us, and nothing else is ever dropped."
But, askel the reporter, "will not the energy exerted in the fifteen minutes daily spent in physical exercise and the rest so obtained secure so much better oder and attention that time will rather be savel than otherwise?"

CUSTOMS AND MANNERS IN SCHOOL-RULES OF THE PLAYGROUND.

BOY LIFE IN ARMENIA.

ALMOST EVERY LITTLE FELLOW IS A GOOD SWIMMER AND A SKILFUL FISHER, PRO-FICIENT AT BARN BALL, AND AN EX-

PERT WITH THE JACKKNIFE. The manifest truthfulness of the old saying will be boys" is just as true in the land of the Sul-tan as anywhere else, for boy nature is the same the world over. For the last few years, however, the natural boyish spirits of the little Armenians have been more or less affected, as all have felt the influence of the dark shadow of fallen or impending

In ordinary times they are a jolly sort of fellows, full of fun, good-tempered, active, quick-witted, mischievous, but never malicious. The first thing o claim the attention of an American traveller in Turkey is that not only are the schools of the different nationalities, Turks, Greeks, Jews and Armenians, quite distinct, but that the boys, though next door neighbors, never play together. If a small Greek boy lives in the very next house to an Armentan, and just across the road from a Turk, they never think of starting off to school together, or joining company on the playground, or go to the woods to gether to catch birds with waxed sticks fastened to the evergreen branches; no, nor even to play the fascinating game of "Chun Kush" in the street. That would never do! So, according to Turkish ustom, Greek Gorgy betakes himself for compoionship to Greek Demetrief, though he may live blocks away: Armenian Hovhannes goes in search comrade Krekor, and little Turkish Mehmet spends his leisure hours with Osman.

When the Armenian school is dismissed, the teacher arranges the boys of each street in a long procession, putting them in line according to the umber of their houses. For instance, the boy living furthest away would be at the head, and the one who lives nearest the school, at the foot of the line Every day a different boy is appointed as "lieuten-ant," to walk along and keep the line in order; this important office being bestowed upon the boy who has made the best record for the day. As the little procession moves along with book-bags and gayly neinted luncheon baskets made of reeds hanging from their shoulders by a string, the children now sing religious songs in place of the National airs which they used to sing. The latter are now for-

ddden by the Government. When the boys reach home most of them are sent o the stores to bring provisions for the dinner, after which they have the time until dinner to play. In the summer the boys of Nicomedia rush down to th sandy shores of the Sea of Marmorn; in Sumatra fly to the beautiful Golden Horn, put on their bathing suits, and plunge in. Nearly all are good swimmers. They are also skilful fishers, never using a pole, but merely throwing their line in the water. They have no artificial spoons nor fancy flies for built. A good honest worm is far more tempting to the sgunru tekir, a sort of terrastubby little fish, that the boys are very fond of. In fishing the boys are careful to keep out of sight of the Turkish officials, for the law is strict, that everything taken from the water must be carried the officers of the Custom House, and a tenth set aside for the Government.

Saturdays, after all the errands are done, the bread is carried to the public ovens to be baked. after the old Roman method, and then brought back again; the boys have the afternoon for a holilay. Sometimes they take their provisions and go off for a picnic to some pleasant grove, where they swing and play after the fashion of the ancient Ionic dance.

They are very proficient at barn ball. They place one hand behind their head to support it, then, with the other, keep the ball bounding back and forth against the house or wall, often doing this s many as 150 times without missing.

They are very expert with their jackknives, making a great variety of bird cages and traps for one of their winter pastimes is the catching of They doubtless appreciate their knives all the more because they know that as soon as they are grown the Government will prohibit their car-

Although the catching of the birds seems cruel boys never hurt them, but cherish them carefully. Perhaps this may come in some measure from the teachings of the Keran, which says that in Paradise some of the true believers will be transformed into lovely green birds. Sometimes they catch the birds in winter

hovelling a place in the snow down to the ground and sprinkling it with hempseed. Then a circular trap, made with a wooden rim, five or six inches wide, with a fishnet stretched over it on one side,

transferred to little wicker cages and carried into the house.

At another time the boys may select a small evergreen tree and, fastening waxed sticks to its branches, carry it and a cared bird to the woods. Here they hang the cage in the branches of the tree and, retiring to a distance, await developments. Soon the caged bird begins calling its fellows, who come fluttering and chirping from every direction, and settle down near their comrades. Once comfortably located, they cannot fly away, and are readily captured.

In all games where a leader or "fag" is to be chosen—the latter corresponding to the American boy's "it"—the choice is made by chance in this way. One boy, appointed by the rest as chief protein takes a small stone in one hand, and then doubling up both fists so that they look alike, he holds them up in front of him and says. "Is this hand full or empty." If the lad to whom the question is propounded answers correctly he is passed over, but if he makes a mistake he has to be "fag," or he "it."

But a boy's playdays in Turkey are short. When he is fifteen he is considered no longer a boy. A man's duties await him, and he must put away shidish things.

WOMAN'S RESPONSIBILITIES.

AS MRS. JEAN BROOKS GREENLEAP, PRESIDENT OF THE NEW YORK STATE WOMAN SUF-

FRAGE ASSOCIATION, UNDER-STANDS THEM. Mrs. Jean Brooks Greenleaf, of Rochester, when

neen by a Tribune reporter yesterday and asked for her opinion on woman's responsibilities at the ent time, replied:

them duties of greater moment than those which devolve upon people of a different form of government none will deny. Under an absolute mo mission to law only is required, and the exercise of a restricted franchise, in addition to submis-sion, if the monarchy be limited. In a true republic, on the other hand, the governing force is in the people themselves, who must choose for and from themselves the rulers who they decide will best understand and carry out their wishes. The people, therefore, are responsible, individually and collectively, for good or bad governmental condi-tions. How important, then, that the franchise should be exercised in a thoughtful, intelligent manner; that the well-being of all classes of citizens should be considered; that the conditions most favorable for the formative period of the rising generation schoold be closely studied; that the to assume the grand responsibilities of self-gov-

"Under these circumstances can one portion of the people decide what is best for another portion of the people, who have no voice or participation in the selection of rulers or the formation of the laws under which they live, and yet have the government express the will of the people? Is it not wrong to style such a Government Republican or Democratic in this country, where (while both sexes are accounted citizens, and are such in a sense), to only one sex, the male, has the right of franchise been accorded, except in a limited de-

gree and in favored localities? The effect is that the dominant sex is often unwittingly unjust to the subservient class and overlooks its needs, not understanding them. The sex dominated either submits hopelessly to injustice, seeks to win its way by finesse, cherishes a bitter but repressed sort of insubordination or openly seeks to change existing conditions. Any one of the first three methods is degrading to the self-respect and dignity of woman, while the last puts her in a position of seeming antagonism to the sex with whom she should be in accord. As home makers and keepers, as largely the trainers of the youth of the land in mental, moral and physical development, as wage-earners, taxpayers, actors on nearly every stage occupied by men, have women no responsibility in the upbuilding and evolution of this Republic? Do they owe no duty to themselves and it? Their present position is most degrading. The mothers and daughters of the Nation are political nonentities, peers only of the mentally unsound, corrupt and altens. Does this ennoble the race? No! A race cannot rise to its full stature until motherhood and fatherhood are equally honored, and a republic of the people can never be so in fact until both sexes have full expression at its ballot-box. Woman needs to feel her share of the responsibilities of citizenship and the Republic, needs her power." the first three methods is degrading to the self

Student.-Antiquarians think that Asia may have been the birthplace of the human race, saying that science, art, tradition and history all proclaim the highlands of Asia as the primeval home of man.

Mrs. Charles M. O .- An excellent remedy for a l severe cold is said to be todide of potassium tablet or pellets; take one three times a day, innaling the steam from a small pitcher of hot water, into which ten drops of tincture of iodine have been poured.

Carrie I.-Books on palmistry are considered of unusual interest. Short hands are said to indicate impulse, while long hands are taken as evidence of enpacity for detail minutiae. Hard, firm hands are reputed to show perseverance and great energy, and soft hands to indicate a passive, indoient nature. The first joint of the thumb indicates will power; the second joint reason, and the third joint love.

Marion H.-The white chrysanthemum, in the anguage of flowers, means "truth and purity"; the yellow blossom says, "I am jealous," Roses signify love, and the stately dahlia means "Forever

The pearl is an emblem of purity and innocence, and the opul also signifies purity. The diamond typifes pride, the ruby cheerfulness, and the turquoise success.

Jennie B.-1. The highest peak of the Rockies is Mount Saint Ellas, which is 12,570 feet. 2. Congress opens on the first Monday in December of each opens on the first Monday in December of each year. 2. The Supreme Court of the United States is the greatest judicial power in the world. There are seven associate justices and a chief justice, who are appointed for life. The President appoints them, by and with the advice and consent of the Senate.

Elizabeth G. S.-Ether is one of the most valuable anaesthetics known, and was first used in surgery in 1846,

Mrs. George R.-Here is a delicate and nourishing Take a tabledish for your little invalid boy: Take a table-spoonful of arrowroot, and pour cold water on it. stirring briskly, until it is as thick as cream. Add boiling milk until it thickens, and then sweeten with powdered sugar and flavor with lemon, vanilla or any favorite fruit extract.

Daisy D.-There is a girls' agricultural school in Minnesota, and the pupils are trained just as boys

Mrs. Emma R. Long Island-Flaxseed is remended very highly by many physicians and trained nurses as an excellent remedy for the treatment of solds that have settled in the throat.

Steep the whole seed or the ground in boiling water and pour off the liquor. Add enough cold water to thin it sufficiently for drinking purposes, and then thavor with lemon juice and sweeten until it is thoroughly palatable. Drink it in place of water.

Inquirer.-The number of immigrants coming into the United States for the fiscal year ended last June was 243,267. This shows an increase of nearly 85,000 over last year's arrivals.

A Young Housekeeper.-Experienced cooks say the hest way to test the freshness of oysters is by the odor. It should not suggest the "fishy" smell that is so objectionable and which proclaims unmistakably that the oysters are not what you wish.

Mrs. R. C., Brooklyn.—The following recipe for welsh rabbit is highly recommended: From a loaf of stale bread cut some thin slices, trimming or grating away the crust. Toast them until they are of a delicate light-brown color. Grate five ounces of rich ierse, adding to it two tablespoonfuls of cream, one tablespoonful of ale, a good sprinkling of white pepper, a pinch of salt and a teaspoonful of mustard. mixing and putting into a saucepan over the fire.

Let it melt until it is about the consistency of cream, then take it from the fire and add to it a beaten egg.

Pour it over the toast and serve as you would an omelette.

An Old Subscriber.-The son of the Duke of York was born in 1894. He is known simply as Prince Ed-ward of York.

J. T. P.-A coin dealer can give you the information M. A. Shoemaker.-We do not know the addresses

of any of the people you name C. B.-Write as legibly as possible on only one side of the paper. Number the sheets carefully. Be sure of your spelling, grammar and punctuation and be unqualifiedly sure of your subject. Express your-self as clearly and naturally as possible, and send off your copy, inclosing stamps and a self-addressed en-

H., Madison-ave.—The address of the Woman's Chelsea Club is No. 253 Eighth-ave.

WOMEN AND THEIR WAYS.

Lady Henry Somerset and Mrs. Ormiston Chant are preparing to found a school in England for the instruction of women in public speaking.

Miss Emma K. Denison gave an at home Saturday afternoon from 4 to 7 o'clock in her studio, No is Fifth-ave. The guests were entertained with plane soles by Mrs. J. Henry McKinley, dramatic readings by Miss Helen Kelleher, of San Francisco, and vocal soles by Miss Denison.

Mixed assemblages of men and women are for-Mixed assemblages of mea and wone a bidden by the social code of China, and under no circumstances must a Chinese bushand and wife appear together in public. It would ruin a man's reputation to be seen riding in the same carriage

It is said that the professional trunk-packer has become an actuality, and that she is a woman.

Mrs. Humphry Ward is a granddaughter of Dr. Arnold of Rugby, and a niece of Matthew Arnold. Her father, Thomas Arnold, became a Roman Catholic at the time of Newman's secession, and was for a time a professor in the latter's oratory

Miss Louise Bonaparte, who is to be married on December 10 to Count de Moi ke-Huntfeldt, is the great-granddaughter of Jerome Bonaparte, the younger brother of Napoleon I. She is also a great-granddaughter of Daniel Webster.

Miss Ellen Terry always has a basketful of That citizens of a republic have devolving upon ciothes for the poor in her home, in South Kensington, and when callers come she produces the basket and makes them knit, sew or crochet while

Miss Caroline Ormes-Ransom, an artist of Wash-

ington, has painted the pictures of many famous statesmen and soldiers, among whom were Presi-dents Grant, Hayes and Garfield. Miss Clara Thropp will sail Wednesday on the St.

Louis for England. She expects to spend the winter in London, where she will continue her studies and fill engagements. Miss Thropp is a member of the Professional Woman's League. Arapahoe County, Col., which includes Denver,

has elected three women representatives to the State Legislature. Their names are Mrs. Conine, Mrs. Heartz and Mrs. Olive C. Butler. They are pledged to use their influence to bring about reform in legislation, and signed pledges to that effect. They are representative women in every sense of the word, and their legislative career will be watched with great interest.

When Miss Frances E. Willard closed her speech before the convention of the National W. C. T. U. in St. Louis, fifty-eight young women, each bearing a huge chrysanthemum, marched to the platform and presented the flowers to her in honor of her Queen Margherita of Italy is writing a drama,

which is to be put on the stage before the holidays

The Duchess of Sutherland, the Duchess of Cleveland and the Duchess of Bedford write occasionally for the magazines. The Countess of Cork also does regular journalistic work, and the Hon. Miss Eden. Lady Greville, Lady Constance Howard, Lady Coile Campbell, the Hon. Emily Lawless and numbers of other aristocratic English women are engaged in literary work.

"LITTLE MOTHERS" WANT MONEY.

The "Little Mothers" want to have a Thanksgiv. ing festival on Thursday in Webster Hall, and hope their friends will send to them at No. 57 Third-ave. their friends will send to them at No. 5: Inird-ave.
enough money to pay the rent, and also give them
some cake, ice cream and fruit. Last year 100 of
them were invited to Yonkers, where they feasted
on turkey and chicken. This year they have been
less fortunate, and they hope for ice cream and

BOUDOIR CHIT-CHAT.

She who would dance with "jewelled buckles on her shoon" must pay liberally for the fancy. Gold her snoon must pay hoerany for the takey. Shoe buckles set with jewels are a regular article in the jeweller's list, and cost from \$30 upward. There is comparatively little demand, however, for a conspleuous shoe buckle among refined women. The regular dancing slipper is one of brocade or satin to match the material of the wearer's gown, and the buckle is a tiny affair, noteworthy by its simplicity or sometimes by its absence.

are mounted extensively with patterns of the tiny curved scimitars used by the Turks and Greeks. Russian belts cost from \$16 to \$90, according to the number and value of the jewels used in mounting. Plain Russian belting is sold by the inch. This is the Russian tinsel, without mounting. The buckle and other mountings are selected to suit the fancy of the weare.

not so often a piece of artistic painting on silk or gauze as it once was. It may be selected from an antique collection which was formerly the property of some court beauty of over a hundred years ago. The French fans which Martin, the famous varnish-maker, prepared for the court ladies of Louis XiV's reign are especially interesting. The tiny fans which were used during the Empire period were, some of them, very beautiful. Their reproductions are much more attractive and less expensive than a gonuine antique. They range in size from eight to twelve inches, and are mounted on simple bone sticks or on pearl or shell, sometimes richly gilded with bees and other insignia of Napoleon. antique collection which was formerly the prop

Napoleon.

The most costly fans are probably those which reproduce antique laces of old Venice, and are set in sticks of shell, richly jewelled with diamonds. Such a fan may easily cost \$1,000.

Orange sets of silver, consisting of two orange spoons and two knives, range in price from \$15 to \$25, according to the workmanship and decorations. \$3, according to the workmanship and decorations. Some of these are ornamented with the orange flower, leaf and fruit in colored golds. The bowl of the conventional orange spoon has an elongated tip. This is supposed to be an assistance in thrusting the spoon into the pulp after the fruit has been divided into halves. It is not so convenient, however, for most persons as the ordinary shaped spoon with a sharp tip.

The orange knife with its serrated blade is a great improvement on the straight blade in cutting so juley a fruit as the orange.

A trio of beautiful women who occupied one of the boxes at the Horse Show every evening were Mrs. Fred Grant, Mrs. Potter Palmer and Miss Julia Fred Grant, Mrs. Potter Palmer and Miss Juna. Dent Grant. One evening Miss Grant wore a strikingly handsome costume composed of a flaring skirt of black winpcord velvet, with a tight-fitting hodice of ermine, with sleeves of black satin. The bodice was finished with a standing collar of ermine, lined with black satin, and fastened at the throat with an ornament composed of jet, from which hang a number of ermine tails. This stylish costume was set off by a black Gainsborough hat, profusely trimmed with long, falling ostrich feathers. Long white suede gloves, sitched with black, were worn, making a complete and perfect tout ensemble.

Women of wealth and luxurious inclinations pay much attention to the beauty, comfort and completeness of their bathrooms. In addition to the beautiful ness of their outhrooms. In author to the bath-rooms have size bathtubs, with spray tubes, and the light that comes in filters through rich stained-glass windows, showing mermaids and sea nymphs in ex-quisite design and finish.

Monogram fans make appropriate souvenirs for bridesmaids, and may have the letters traced in diamonds or painted in forget-me-nots on the out-side rib, according to the means of the giver.

When the Czarina visited Paris the ladies of that gay city were much disappointed with her manner of dressing, which, in their opinion, was not in keeping with her royal and imperial status. They were therefore much pleased to learn that she has ordered some bonnets, gowas and other vanities from the best Parisian firms.

The clergy of France are going to send to the Czarina an ivory figure of Christ, which was once the property of Marie Antoinette. It was carved from a single piece of ivory, weighs seventy-five pounds, and is valued at \$10,090. The winter shirt waist is being worn almost as

much as was its predecessor of the summer. It is generally made of flanuel, is as simple as possible and has a band at the neck and wrists for the adjustment of the stiff collar and cuffs. A pretty doyly can be made by embroidering yel-

low canvas with pale cream-colored cotton and gold filoselle, and finishing the edge with a border of drawnwork. This idea may be found useful by those engaged in working for bazaars. The management of the Metropolitan Opera

House merits the gratitude of all opera-goers by requesting the ladies who occupy orchestra seats during the coming season to remove their hats.

Carnations, white and rose, are among the Carnations, white and rose, are among the favorite flowers for decoration. Their exquisite fragrance is said to be really beneficial, though authorities differ about this. Some say the pure, spley odor is a relief for nervous headaches. The flowers should never be massed together in solid bunches. They are of a graceful, slender growth, and should be arranged in what is known as the shower or spray bouquet. Their own lovely gray-green stems and spearlike leaves should be the

All styles of buckles are much used this season pearl, horn, wood, brass and carnelian, and the gold and silver ones 'are jewel-studded, and are things of beauty. They are shown in delicate filigree, Arabic and Moorish designs, Russian enamel and old Dutch chasing, and are really quaint and beautiful accessories to almost any toilet. They are snown in gold, silver, bronze, jet, steel,

Some boautiful muffs, just from Paris, are of large size and lived with ermine. Sometimes a frill of real lace, in cream or white, finishes off the edges of the muff, for lace and fur form an especially fashionable combination this season. Lovely ermine vests have hows and cascades of real lace at the throat. The effect is striking and extremely elegant.

China crèpe is a beautiful fabric, and a very stylish dress material for the present time. broidered by hand, it is exquisite, and the plain, noft black is especially lovely.

It is a fact that the feet of American women are growing larger! Devotion to athletic exercises is the cause, and some one is daring enough to say that the dainty, delicate, little Cinderella feet that find ample room in No. I and No. 2 slippers will be unknown twenty years from now. Any exercise that keeps one on the feet for any great length of time will surely broaden and flatten the foot, and a year's steady course in a gymnasium will show a remarkable increase in the size of the feet.

ITEMS OF NEWS INTEREST.

The royal chrysanthemum reigns supreme at this season of the year. The varieties of the magnificent flower run up into the hundreds. The toboggan slide at Ridgewood, N. J., may be

resurrected this winter, provided the snowstorms and fraczes scheduled by the almanac prophets can be depended upon. Tobogganing is a superb sport, and the feeling of exhitaration reaches its climax in the enjoyment of the key sweep. Carl W. Lachmund, of the Lachmund Con-

servatory of Music, is director of the Woman's String Orchestra. The orchestra is rehearsing regularly now, preparing for a concert to be given early in January. The first edition of the Trained Nurses' Direc-

tory, edited by M. Louise Longeway, is just out. The names of Albany and Orange, N. J., nurses are also in the book. The rooms of the New-York Exchange for Wom-

The rooms of the New-York Exchange for Wom-an's Work, No. 12 East Thirtieth-st., are showing many attractive articles for the holidays. The embroidered table linens are especially pretty and find easy sale. Toys and dolls are numerous and attractive, aside from many other pretty play-things for the little ones. The Exchange does an excellent work in helping women to help them-selves, and during the past year the sales have amounted to nearly \$50,000. Appetizing lunches are served for the accommodation of customers, and the dishes are all prepared by the women, who supply the Exchange with other things as well.

The first mothers' meeting in the public schools of Brooklyn was held in Grammar School No. 77 in the spring of 1895. Such meetings were held regularly every Thursday afternoon from March 26 to June 4, 1896. They have been held this year on every second Thursday since the first week in October, and will continue until June. The movement is successful and has established the closest sympathy between the home and the school. The first mothers' meeting in the public school

The result of the competitive examination for tutorship in Latin, which took place Friday afternoon at the Normal College, is to be made known to-day. There were only three candidates, one a graduate of Mount Holyoke, one of the Normal College, and one of the Normal and Smith College.

women law students of New-York University, by the law editor of "The University Item," for the best essay on the question of women bearing arms in case of war, is causing a general stir in college The WOMAN'S PAGE APPRECIATED.

To the Editor of the Tribune.

Sir: I think The Tribune very much improved since taking on the Woman's Page. Yours truly, Washington, Oct. 23, 1994.

Washington, Oct. 23, 1994.

The contest for the gold medal offered to the

inted, as in all other flepartmen s. A new system is being introduced by the superors, which will incorporate a regular daily drill how systematic work in an the schools is office. No. 146 Grand-st., New-York City. November 6, 1896. To Principals of Grammer and Primary Schools In order to have a uniform system of physical education throughout the city, a course of lessons, beginning Monday, November 16, will be given by the supervisors. Dr M. Augusta Requa and Miss Sophis J. Nicolat, according to the following plan: One teacher from each department shall be designated by the principal to attend each week, ill further notice, the course in the district to which the department belongs. This delegate shall in turn instruct the other teachers in the department to which she belongs, on the first school day, if possible, following the supervisors lesson. These lessons are not a series of lectures; the exercises are to be executed by the representatives ment are urged to be present non-time auditors. Principals shall keep record of the names of the representatives sent. Each teacher shall keep a copy of the lessons given in his or fer classroom. The lessons by the supervisors will begin at 2.20 p. m. Principals should dismiss the representatives at such hour as will enable them to be present at that time. The lessons will be given in the following schools for the various departments on the days mentioned in the schedule accompanying this circular. Very respectfully. City Superintendent. LESSONS TO TEACHERS.

Dr. Hunter, of the Normal College, who has had wider experience in training teachers than any other educator in this country, and whose opinion upon all educational matters is of paramount imterm will be divided into nearly three equal parts—the first devoted to the cultivation of the body, the seem.

In the seem of the control of the cultivation of the cultivation of the body, the seem of the cultivation of the cultivation of the morals, and the seem of the cultivation of the cultivation of the first devoted to the cultivation of the subject of drainage for the last year and will seem the seed with a fishnet stretched over it on one side, the subject of drainage for the last year and will seem to the cultivation of the cultivation of the first devoted to the cultivation of the budy, the seed with a fishnet stretched over it on one side, the subject of drainage for the last year and will seem to do so through the coming season. It continue to do so through the coming season. It continue to do so through the coming season. It continue to do so through the coming season. It continue to do so through the coming season. It continue to the cultivation of the budy of the house will also investigate the paying of the city, its will also investigate the subject of drainage for the last year and will see the subject of drainage for the last year and will see the subject of drainage for the last year and will see the subject of drainage for the last year and will see the subject of drainage for the subject of drainage for the last year and will see the subject of drainage for the subject of drainage for the last year and will see the subject of drainage for the last year and will see the subject of drainage for the last year and will see the subject of drainage for the last year and will see the subject of drainage for the last year and will see the subject of drainage for the last year and will see the subject of drainage for the last year and will see the cultivation of the subject of drainage for the last year and will see the paying the continue to do so through the continue to do so through the cultivation of the subject of drainage for the last year and will see the paying the continue to do so the cul sere more than one hundred principals and teach-Miss Nicolai was introduced by Dr. Lee, one of

and physical and moral training the best found, tion for intellectual training. This correct idea instruction is a recent growth among educators, as has arisen in consequence of the better study of the human being. Teachers have arrived at the conclusion that without a healthy body the wor of instruction loses half its force; and, althoug the old raying, 'a healthy mind in a healthy body has been in the mouths of teachers for generations very little attention was paid to its importance. Nearly all the time heretofore was devoted to the training of the intellect, only very little time being given to the training of the moral nature, and stall less to the training of the body. I look forward to a new departure in education, to the harmonious development of the child by the simultaneous cultivation of the body and mind, and in mind, of course, we include conscience and will. What most students—in fact, most people in this world-need is an enlightened conscience and an educated will. The lack of will power is frequently owing to discussed nerves, and the discassed nerves caused by lack of nourishing food, fresh air and physical exercise.

"As regards the Normal College, I have to

eased nerves, and the disease a and physical exercise.

"As regards the Normal College, I have recognized from the very beginning the vast importance of physical culture, even were it for no other reason than for the fact that it was a great assistance in the ordinary studies of the students. We have raised the standard in every branch of the curriculum by enforcing abundance of fresh air and physical exercise. We have introduced a system of physical culture which is a combination of the Swedish, German and Deisartian methods, so arranged that every muscle of the body is brought into exercise without a dangerous strain. This system was introduced into the college by Miss Engrenged that every muscle of the body is brought into exercise without a dangerous strain. This system was introduced into the college by Miss Engrey of physical culture in the city of Brooklyn. The system is such that, after its introduction, it was self-propagating. The purylead exercises give the students all the grace and poetry of motion which is supposed to be acquired by learning dancing, which, according to Bain, is one of the fine arts.

"The college is at present using its new gymnasium, which is large enough to permit 500 students to exercise at the same time."

GOING ON TO-DAY.

The present exhibition of the Water Color Club at the Fifty-seventh-st. galleries was not closed on Saturday, as was intended, but will remain open for another week.

The National Academy of Design will open its autumn exhibition to-day.

The Swedish Fair in Brooklyn, which opened Saturday, in the Universal Building, in Washington-st., is proving to be a gratifying success. Everything in connection with the fair is conducted in a thoroughly Swedish style, the National costumes being worn by those in charge. The National dances, given by participants in costume, are expecially picturesque and interesting. The proceeds of the fair are to go toward the building of a Swedish hospital, the pian of which was projected last July. The fair will close Wednesday.

Mrs. Harriet Otis Dellenbaugh will lecture this afternoon from 4 o'clock until 5 in the Alumnae Library at the Normal College. The subject of the lecture is Robert Browning's The Ring and the

Miss Kate S. Chittenden will lecture to-night, un der the auspices of the Board of Education, in der the assembly hall of Grammar School No. 5. Edge-combe-ave. and One-hundred-and-forty-first-st. Sutject. "Patrictic Songs and War Songs," illustrated with songs by C. J. Bushnell.

The course in historical jurisprudence, domestic The course in historical jurisprudence, domestic relations, wills and administrations in the law lectures to women at New-York University will begin this morning. Profesor Russell will deliver both the morning and evening lectures. Miss Ethel Rhods Evans was to have taken the evening class, but she has gone to Pittsburg. The regular monthly meeting of the "National

fisical torture. She neads sums mit readn an ritin more as dat-if she hez to jump i can make her jump, respeckfuly." The Clio Club meets this afternoon at 3 o'clock, in SUPERINTENDENT JASPER'S VIEWS. the clubrooms, No. C West One-hundred-and-twenty-fourth-st. Superintendent Jasper says: "Individuals are successful in life largely in proportion to their good health. Good health, which should be one's The Christian Endeavor Society of the Old First Presbyterian Church, Fifth-ave, and Twelfth-st., opens a dolls' bazaar this afternoon in the chapel adjoining the church. The bazaar will be open from 2 to 10 o'clock every day this week. birthright, is more important than special fitness for lifework, and without health and strength and the gayety and lightness which come of a sound body, mind and spirit cannot be properly edufor lifework, and without heard the gayety and lightness which come of a sour body, mind and spirit cannot be properly educated and cultivated. Physical and mentual of velopment should go hand in hand; their clorelationship is soft-evident. The natural tendent to suppress the vitality of the children has be materially softened by the appreciation of the accessity for frequent physical exercise. Intellige teachers recognize the fact that there should frequent breaks in the routine of classwork to lieve the tension occasioned by mental effort. The management of that school which neglect to provide for and require daily practice in su exercises as will aid the physical organs to perform their functions properly, and thus prepare the mind for efficient activity, is faulty, and represented in the parade, bears witness to the provide military exhibition of last Decoration Day, whe every male grammar school except two was resented in the parade, bears witness to the provided condition of the boys in our schools. This we mainly due to the system of physical exercises vogue, which its, as a rule, a noolification of setting-up exercises from The School of the Schief in the drill regulations of the United StarArmy." CLUB NOTES. St. Bartholomew's Girls' Club has a question box into which questions on any subject regarding which the members wish to be informed are put.

THE NEW "MOB CAP."

The Woman's Auxiliary of the Church Temper ance Society has decided to fit up another lu wagon. It will be placed at the White Star Pier for the benefit of the longshoremen, and it is hoped that it will be ready for use by Christmas. The auxiliary already has five wagons in operation, and the profits are used for providing free ice water fountsins in the tenement-house districts.

as nurses recently organized an association in Boson for the purpose of caring for such of their numher as need assistance. All of these nurses are over fifty, some of them are ninety, and many are infirm and indigent, while nearly all are in need of the comforts of life.

to-day for the purpose of securing two women as-sistants in examining applicants for admission into any branch of the Civil Service work.

women which interests itself in everything cerning the welfare of the city, has been studying

NEWS OF THE CHURCHES.

A woman has just been made sexten of a large Baptist church in Boston, the one of which Dr. A. J. Gordon was formerly pastor. The Church of the Disciples, in this city, has a woman sexton.

Dr. David James Burrell preached a Thanksgiving sermon last night in his church, the Marble Col-legiate, Fifth-ave, and Twenty-pinth-st.

The Methodist ministers of Chicago have passed a series of resolutions deprecating the custom of playing football games on Thanksgiving Day. Nearly all the Armenian refugees who have come

to this port have been placed in suitable quarters, with a prospect of employment, by the Salvation Army. In connection with the afternoon service of the Manhattan Congregational Church, which is now worshipping in Leslie Hall, Eighty-third-st, and the worshipping in Leslie Hall, Eighty-third-st, and the Boulevard, Dr. Henry A. Stimson yesterday began a course of lectures on "The Historic Setting of the New Testament." The Bible study classes, organized under the direction of President Herney, of the Teachers' College, in connection with the work of this church, are studying the life of Christ, and the object of the lectures is to show the conditions under which the New Testament was written.

The first of a series of free organ concerts in the First Presbyterian Chuch, Fifth-ave, and Twelfthst. was given Saturday afternoon by the organist, William C. Carl. The others will be given on the next three Saturdays.

There were special musical services in a number of Roman Catholic churches yesterday in honor of St. Cecilia, patroness of music.

"The Searchlight" reports that at the recent convention of the W. C. T. U. Mrs. Fessenden, secretary of the Massachusetts Union, moved that a letter of thanks be sent to Mr. and Mrs. McKinley for eir intention of not letting liquer be used in the hite House during their occupancy of it. Upon as Willard's vouching for McKinley's tectotal-a, the corresponding secretary was instructed to not the letter.

Mr. Radeliffe conducted an enjoyable free organ recital on Saturday night, in Central Metropolitan Temple, Seventh-ave, and Fourteenth-st. The concert was given by the Methodist deaconesses of New-York City. Professor William C. Carl gave a recital in the afternoon in the First Presbyterian Church, Fifth-ave, and Twelfth-st.

The Rev. II. Pereira Mendos preached on Satur-

day morning before the National Council of Jewish Women, at the Spanish and Portuguese Synagogue. He took as his text: "The reverent woman is praise worthy," and endeavored to show how far the re-cent convention had fulfilled the ideals of the Bible as to womanhood and woman's work. Activity, energy and industry, modesty, thoughtful helpful ness to the poor and needy, gentleness and discre-tion were included, he said, in this ideal, but reverence and devotion to one's own home were emphasized more than any of these virtues. In these two directions were two great spheres of work for the Council and its members. "In our ewn homes," he continued, "it is not enough to consecrate every day of the week to helping the poor and working for humanity We must do more than that. Christian League for the Promotion of Social Purity will be held to-night at No. 5 East Twelfthst at 8 o'clock. Clement Paulsier, evangelist from London; the Rev. B. F. De Costa and others will address the meeting, which will close promptly at 32.90 o'clock. Afterward a reception will follow, in compliment to Mrs. Elizabeth Pettis, superintendent of the Christian League Industrial Home.

Harry Furniss, the artist and humorist of "London Punch," will deliver his lecture on "The Humors of Parliament" this evening in Chickering Hall.

The Civil Service Board will hold an examination must have God in our daily life and faith in Him.